

Transforming the Difficult Child: the Nurtured Heart Approach

Ordinary methods of working with children often backfire with high-intensity kids. We typically devote a great deal of time and energy to discipline problems we encounter, rather than focusing on the good things kids are doing. The Nurtured Heart Approach was developed by Howard Glasser to help all children flourish beyond expectations, by focusing on positive behavior to create success and transformation.

Topics include

- why conventional methods of working with children often fail with intense children, despite the best of intentions
- how to use energy, time, and relationship to transform interactions with children
- how to shift children with challenging behavior to use their intensity in successful ways, even for those diagnosed with ADHD or ODD

Participants will learn ways to find and focus on the positive in children's behavior, and avoid giving relationship and time to negative behavior, while providing effective boundaries and consequences.

BBS and BRN Credit

This workshop is approved through UC Davis Extension for 6 hours of continuing education credit by the Board of Behavioral Sciences (provider number PCE 577) and Board of

Registered Nursing (provider number BRN 0046).

Instructor

Louisa Triandis, MSW, LCSW, has over 15 years of counseling experience with families, adults, and children of all ages. She is also a certificated school social worker, and has worked in both regular education and special education settings, supporting teachers with classroom management since 1994. She is a Certified Nurtured Heart Approach trainer, and is able to provide counseling, coaching, and training in both English and Spanish.

Dates and times

Wednesday, June 9, 2010
9:00 a.m. – 4:00 p.m.

OR

Thursday, June 10, 2010
9:00 a.m. – 4:00 p.m.

Location

Placer Co. Office of Education-Annex
Bud Nobili Room
11700 Enterprise Dr.,
Auburn, CA 95603

To enroll: CSOC & ASOC staff, please register online using the Trilogy e-learning web page <https://elearning.networkofcare.org/PlacerCAHHS/>

All others, please register by contacting Mary Ann Medeiros at (530) 886-2865 for more information.